

PSHE Curriculum Overview – KS1 and KS2

DRAFT	Relationships		Health and Wellbeing		Living in the wider world	
	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half term 5	Half term 6
Year 1	Who am I? Keeping safe in school Being a good friend Identifying feelings	Gifts and talents Understanding jealousy What is bullying? Secrets and surprises	Our Daily Routine Keeping Clean Dental Health Growing and Changing Families and Care	Staying healthy Medicines Who gives us medicines? Going to hospital	Cooperation in a group Living together Outdoor safety Environment	Values of coins and notes Needs and wants Looking after my money Understanding change
Year 2	Self awareness Managing feelings Resolving arguments and working with others Habits and obstacles to change	Being cared for Loss of things you care about and bereavement Effects of bullying Choices and consequences	Differences: boys & girls Differences: males & females Naming Body Parts Body image Exercise and fitness	Risk Hazardous substances Safety Rules Emergency services – when and how they can help us	Community People who help us Gender and work Urban and rural environments World environments	Keeping track of money Spend or save? Where money comes from Rights and responsibilities

Diary Notes:

Black History Month: October (first half of autumn term)
 Anti-Bullying Week: November (second half of autumn term)
 Safer Internet Day: February (first half of spring term)
 Fairtrade Fortnight: end of February-beginning of March (second half of spring term)
 International Women’s Day: 8 March (second half of spring term)
 Refugee Week: June (second half of summer term)
 My Money Week: June (second half of summer term)
 Plus
 Key Public Health dates.....