

The Heathway Centre

Useful local contact numbers for parent/carers of children and young people with additional needs

Name of Service/Provider	Services offered	Number	Email & Web Address
Sycamore Trust	Support parent and carers with children/young people with Autism	0208 517 9317	enquiries@sycamoretrust.org. www.sycamoretrust.org.uk
Carers of Barking & Dagenham	Provide a wide range of services and support for families with children with additional needs	0208 593 4422	carers@carerscentre.org.uk www.carerscentre.org.uk
DABD	Provide a wide range of services and support for families with children with additional needs	020 8215 9630	centraloffice@dabd.org.uk www.dabd.org.uk
Citizens Advice Bureau	Advice on welfare issues including financial/debt advice	0208 594 6715	www.citizensadvice.org.uk
Barnardos Independent Support Service (BLISS)	Services for parent of children with a statement (SEN) or those being assessed	020 8555 1880	ISBarkingDagenham@barnardos.org.uk www.carerscentre.org.uk
LBBD Transport Services	Provide transport for children with additional needs	N/A	Transport.Request@lbbd.gov.uk
LBBD Education, Health Care Team (EHC)	Provide and review statements of special educational needs (EHC plans)	020 8227 2400	EHC@lbbd.gov.uk
'Just Say' Parents Forum	Advice, information and awareness for parents/carers with children with additional needs	07936851199	justsaybdforum@gmail.com
Independent Living Agency	Information on carers available for parent/carers who receive direct payments	0208 593 6677	www.independentlivingagency.org
LBBD Family Information Service	Advice and information on childcare, parent & Toddler groups, paying for childcare, local support groups	020 8227 5395	fis@lbbd.gov.uk www.lbbd.gov.uk

Community Speech & Language Team (SALT)	Provide assessment, diagnoses, management and therapy for children who experience communication and or eating/drinking difficulties.	0208 522 9625	bdsalt.admin@nhs.net
Disability Living Allowance (DLA)	Help with personal care and mobility – operate a benefit enquiry line	0800 88 22 00	www.gov.uk/dla-disability-living-allowance-benefit
IAPT	Psychological therapy for adults experiencing depression, anxiety, worry, phobias etc	0300 555 1018	bdiapt@nhs.net www.neflt.nhs.uk
Barnardos – Little Stars	Respite provider	0208 554 2888	mahbub.ahad@barnardos.org.uk
Funky Willows	Respite Provider	07415064489	thewillowsltd@yahoo.co.uk
Diverse Communities	Support for Lithuanian or Eastern European families	07906635247	www.diversecommunities.org.uk
LBBD Portage	Support families of children under 3 years, who have additional needs	0208 724 8550	portage.office@lbbd.gov.uk
Blue Sky	Provide payroll services to receivers of Direct Payments, Individual Budgets, Independent Living Funds	0208 045 5008	info@blueskypayroll.co.uk
Continuing Health Care Team	Offer advice and support to families with children/YP with ongoing complex medical and health care needs.	0208 822 3009 0800 389 8324	PALS@bhrhospitals.nhs.uk www.bhrhospitals.nhs.uk/contactus/pals.php
Add + Up	Support and action group for children with ADHD	01708 454 040	addup@addup.co.uk www.addup.co.uk
Child Development Team	Community Paediatric team for speech and language therapy, clinical psychologists, physiotherapist, specialist health visitors	0208 522 9609	

Ab Phab	Services and activities for disabled and non disabled people aged 11 – 17 years and 18+	0208 526 8065	abphab@dabd.org.uk abphab18plus@dabd.org.uk www.apphab.org.uk
Contact a Family	A national charity for families with disabled children. Providing information, advice and support.	0808 808 3555	http://www.cafamily.org.uk/media
Action on Hearing Loss	Action on Hearing Loss is the new name for RNID. The organisation aims to achieve a better quality of life for deaf and hard of hearing people. It does this by campaigning, lobbying and raising awareness of deafness, and by providing services.	0808 808 0123	www.actiononhearingloss.org.uk
Family Fund	An independent organisation mainly funded by the government administrations of England, Scotland, Northern Ireland and Wales. Family Fund can give grants and information to families caring for a severely disabled child aged 17 or under	01904 658 085	www.familyfund.org.uk
National Autistic Society (NAS)	UK-based charity for people with autism (including Asperger's Syndrome), their parents and carers. It champions the rights and interests of all people with autism and ensures that they and their families receive quality services appropriate to their needs.	020 78332299 0808 8004104	www.autism.org.uk
Hopewell School	A non-maintained independent Special School serving Barking & Dagenham and its neighbouring boroughs. The school provides an education coupled with therapeutic services for young people with complex needs.	020 8593 6610	http://www.hopewellschool.co.uk
Trinity School	A specialist LBBB SEN school for cognition and learning.	020 8270 1601	www.trinityschooldagenham.org.uk

Valance Primary School	Mainstream LBBB school with an Additional Resourced Nursery	020 8270 4480	www.valenceprimaryschool.com
Godwin Primary School	Mainstream LBBB school with an Additional Resourced Nursery	020 8270 4150	www.godwinprimary.co.uk
Monteagle Primary School	Mainstream LBBB school with an Additional Resourced Provision	020 8270 4614	www.monteagle.bardaglea.org.uk
Hatton School & special needs centre	Based in Redbridge. A primary aged special needs provision. For children from the ages of 3 to 11 years	020 8551 4131	www.hattonspecialschool.co.uk
Little Heath Foundation School	Based in Redbridge. For pupils aged 11-19 with a wide range of needs including moderate and severe learning difficulties and communication needs (including those with ASD)	020 8599 4864	www.lheath.net
New Rush Hall School	Special school based in Redbridge for children and young people aged five -16 years, experiencing significant social, emotional, behavioural and/or mental health difficulties (SEMH) and in Applied Learning.	020 8501 3951	www.nrhs.redbridge.sch
Newbridge school	Based in Redbridge, catering for children & young people with special educational needs, those with severe and complex learning	020 8599 1768	www.newbridge.redbridge.sch
Voice Ability	Voice Ability work across England with people who are vulnerable or marginalised to raise their voices and have their rights respected	0208 590 2666	www.voiceability.org
Down's Syndrome	Down's Syndrome Group offers information and support to	020 8594 1056	N/A

Group	parents, information days and a regular newsletter.		
AFASIC	Provides support and information for children and young people up to age of 25 who are unable to communicate effectively because of a speech or language impairment.	0845 355 5577	www.afasic.org.uk
National Deaf Children's Society (NDCS)	The National Deaf Children's Society is the leading charity dedicated to creating a world without barriers for deaf children and young people.	020 7490 8656	www.ndcs.org.uk
Dyspraxia Foundation	Offering help and advice to adults, parents, carers and families on and about Dyspraxia	01462 454986	www.dyspraxiafoundation.org.uk