

EASTBURY SUBJECT CURRICULUM

Subject	Physical Education
Year Group	10-11 Options – GCSE PE
Overview	<p>During the 2 years of these courses students will study many aspects of sport and performance, both practically and in the classroom.</p> <p>Assessment:</p> <p>Exams – students will complete two exams at the end of Year 11.</p> <ul style="list-style-type: none"> • Paper 1 – covering Year 10 content (1hr 15 mins) • Paper 2 – covering Year 11 content (1hr 15 mins) <p>Practical Assessments – Student performance will be assessed in three different physical activities. It must be:</p> <ul style="list-style-type: none"> • One team activity • One individual activity • One activity of your choice, either team or individual <p>Students must also analyse and evaluate a competitive performance in one activity from the specification. This can be their own performance or the performance of another person.</p>
Content to be covered across 2 years	
	<p>Chapter 1 – Applied anatomy & physiology</p> <p>Chapter 2 – Movement analysis</p> <p>Chapter 3 – Physical Training</p> <p>Chapter 4 – Sports Psychology</p> <p>Chapter 5 – Socio cultural influences</p> <p>Chapter 6 – Health, fitness and well-being</p> <p>Chapter 7 – Practical Performance</p>
Homework	<p>Students will complete homework tasks to consolidate their learning in the classroom and to complete sports specific research.</p> <p>Revision tasks/past exam questions will also be set for controlled assessments and in preparation for the exams.</p>
Additional	<ul style="list-style-type: none"> • It prepares young people for careers in the sports sector

information	<ul style="list-style-type: none">• GCSE qualifications are recognised by employers and educational institutions• It provides a good progression route to A-level PE (available at Eastbury 6th Form) and to University• Combined with other GCSEs it prepares young people for future study in a variety of subjects• It provides young people with a passion for PE and Sport with an interesting and diverse experience
Useful resources	<p>www.btec.co.uk www.bbc.co.uk/sport www.skysports.com www.thefa.com www.rfu.com www.englandnetball.co.uk www.englandbasketball.co.uk www.badmintonengland.co.uk http://etta.co.uk/ www.british-gymnastics.org www.volleyballengland.org www.englandathletics.org www.ecb.co.uk www.roundersengland.co.uk</p>